

Measurements & Equivalents

A	B
3 teaspoons	1 Tablespoon
4 Tablespoons	1/4 cup
8 ounces	1 cup
16 ounces	1 pound
16 oz.	2 cups
1 pint	2 cups
1 quart	4 cups
1 qt.	2 pt.
1 gallon	16 cups
1 gal.	4 quarts
1 oz.	2 T.
12	Dozen
13	Baker's Dozen
Dash or pinch	<1/8 teaspoon
1 stick of butter	1/2 cup
1/2 stick of butter	1/4 c.
3/4 cup=	1/2 cup + 1/4 cup
1 cup	16 Tablespoons
144	Gross
4 pecks	Bushel
1 & 1/2 tsp + 1 & 1/2 tsp =	1 Tbsp.
1/2 tsp. + 1/4 tsp. =	3/4 tsp.
1/2 cup =	8 Tbsp.

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8 ounces

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16 oz.

1 pint

1 quart

1 qt.

1 gallon

1 gal.

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Dash or pinch

1 stick of butter

1/2 stick of butter

3/4 cup=

1 cup

144

4 pecks

1 & 1/2 tsp + 1 & 1/2 tsp =

1/2 tsp. + 1/4 tsp. =

1/2 cup =

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1 stick of butter	
	1/4 c.
3/4 cup=	
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	Bushel
1 & 1/2 tsp + 1 & 1/2 tsp =	
	3/4 tsp.
1/2 cup =	